

2021 MARCH PRAYER & FAST

THEME: Kingdom First

FOUNDATION SCRIPTURE: Matthew 6:33

Fast something that means something to you. Fast ends on the seventh day after Sunday Morning Service

Prayer Schedule: Tuesday – Friday 6:am ~ Wednesday 12 & 8pm

FOCUS: THIS IS US

DAY 1 – FASTING PLAN

1. Read Isaiah 58:1-9; 2 Chronicles 20:1-4 & Matthew 6:16-18.
2. Write a Fasting plan:
 - a. What will you be fasting this week?
 - b. When are your prayer and Bible reading times?
 - c. Will you be praying with someone? If so, who and when?
 - d. Who and what are you praying for?
3. What bondages need to be broken in your life?
4. What areas in your relationships do you need God to intervene?

DAY 2 – WISDOM IS THE KEY

1. Read & Meditate on Proverbs 1:1-3, 2:2-11, 4:5-9; Luke 2:52 & James 1:5.
2. Define Wisdom.
3. What areas of your life do you need wisdom?
4. Pray the following:

Lord grant me Your wisdom today!
I want to increase in wisdom and favor with You & people.

DAY 3 – LEGACY OF LOVE

Legacy definition - “anything handed down from the past, as from an ancestor or predecessor” (Online Dictionary).

1. Read Psalms 145. Meditate on verse 4 and write down the “mighty acts” that God has done in your life.
2. Legacy can injure or improve the next generation. What can you do now to improve the next generation?
3. How you live your life today determines your legacy. Philippians 4:9 NIV, says, “*Whatever you have learned or received or heard from me or seen in me—put it into practice. And the God of peace will be with you*”.

- a. What are people learning or receiving or seeing from your life?
- 4. What would you want your family, friends, co-workers, etc... to say about you after you have died?

DAY 4 – LESSON IN COMMUNICATION

1. Observation is key in communication. Luke 5:2 NLT says, "***He noticed two empty boats at the water's edge, for the fishermen had left them and were washing their nets***".
 a. What are you observing/noticing about the people that you are in relationship with?
 b. What is your role in their life?
 c. How can you pray for them?
2. To understand another person you need to learn how to listen to the verbal and non-verbal.
"Spouting off before listening to the facts is both shameful and foolish" Proverbs 18:13 NLT.
 a. What are your listening skills like?
 b. Pray about being a better listener.
3. "I am here for you. I am here with you. I want to understand".
 a. What does that statement say to you?
 b. How can you enact that statement in your relationships?

DAY 5 – OVERCOMING BETRAYAL

1. Betrayal is a heart issue. Read John 13:1-3; Psalm 51:10; Proverbs 4:23 & Luke 6:43-45
 a. In what ways has your heart been betrayed?
 b. What is the current state of your heart?
2. Read John 13:21
 a. How did the betrayal affect you?
 b. Express any current or leftover feelings to the Lord.
3. Read John 13:31-32
 a. Pray for wisdom to know when to release and/or to confront.
 b. Pray for the grace to extend forgiveness to your betrayer and yourself.
4. Give the Lord praise for providing and protecting you during this time.

DAY 6 -NAVIGATING TOXIC RELATIONSHIPS

1. Read 1 Samuel 25:1-27. Notice the players: Nabal, Abigail, the servants, David.
 Some Characteristics of Toxic Behavior – bad tempered, unfriendly, hostile, threatening, mean, offensive, selfish, vicious, malicious, abusive, controlling, manipulating, demanding, negative persona, corrupting influence.
 a. Think about the times in your life when your behavior has been toxic.
 b. How have you manifested toxic behavior?
 c. Confess and repent of exhibiting toxic behavior.

2. "The thief comes only in order to steal and kill and destroy. I came that they may have and enjoy life, and have it in abundance (to the full, till it overflows)" John 10:10 AMPC.

- a. Declare God wants me to have healthy and enjoyable relationships.
- b. Declare God wants me to have and enjoy life.

DAY 7 ~ VICTORY SUNDAY

1. **DECLARE** the lyrics from "I AM WHAT YOU SEE" by Bishop Paul Morton in your life today!

Help me to see me

The way you see me

Sometimes I see pain Lord

When you see victory

I see where I am Lord

You see where I shall be

Open my eyes, help me believe

I am what you see

You see me victorious

You see me faithful

You see me believing

That you are able

You see me rejoicing

That I have survived

Open my eyes help me believe

I am what you see.

I am healed

I am free

I am what you see

Open my eyes help me believe

I am what you see